Small Cell Lung Carcinoma
(Lung Cancer)

After doctors delivered the diagnosis in 2007, they gave her a 30% chance of surviving 5 years if she agreed to chemo and radiation. Overall, the median survival time for patients with this disease is just 20 months.

Initial Symptoms-

- ✓ *Small Cell Lung Carcinoma*
- ✓ *Breast Cancer In 2001*
- ✓ *Fibromyalgia & Chronic Fatigue*
- ✓ *Type II Diabetes*
- ✓ *High Cholesterol*
- ✓ *Overweight*

In just 3 months-

- ✓ *Triglycerides Dropped From 227 to 151*
- ✓ *Immune System Strong*
- ✓ *Cancer Markers Steady*
- ✓ *Glucose Level Dropped From 113 to 99*
- ✓ *Chronic Cough Virtually Gone*
- ✓ *Friends Say She Is Looking Great!*

"A year and a half after being diagnosed with this incredibly aggressive form of lung cancer, my patient is still thriving. Her cancer markers have remained virtually unchanged and when dealing with aggressive diseases, static numbers are fantastic news!"

-Dr. Van D. Merkle

Patient Profile:

01-16-08 - The 60-year old patient presented with a very aggressive case of small cell lung carcinoma and a previous case of invasive ductal carcinoma (breast cancer). She had a right side mastectomy in 2001 for the breast cancer but no chemo or radiation. During a follow-up in 2006, doctors noticed an upper left lobe lung lesion on the CAT scans and chest x-rays. It continued to grow and in October of 2007 the patient was diagnosed with lung cancer and a lobectomy was recommended. Her upper left lung lobe was removed in late October. She has had a chronic cough since the surgery. After a biopsy of the mass, doctors informed the patient that this form of aggressive cancer comes with a 30% survival rate with chemo and radiation. She refused further treatment, weighed her options then made an appointment at my clinic. At the time of the initial visit, she weighed 189 lbs at 5'5" and her blood pressure was 140/85.

Other complaints included fibromyalgia, chronic fatigue, high cholesterol, Type II Diabetes and excess weight. As a child she had thymus radiation which can lead to immunodeficiency problems in adults. She currently uses 125mg synthroid prescribed after 2 parathyroids were removed in 2001 and basic vitamins such as calcium, magnesium and vitamin C.

Patient's tests results:

02-20-08 – The patient provided us with some preliminary testing done by her oncologist which we compared with her new test results. The Glucose and Hemoglobin A1c are both high signaling the possibility of Diabetes. Also her cholesterol, triglycerides, VLDL, and LDL levels are high while the HDL cholesterol is low. This puts her cardiac risk assessment at 6.10 or moderate risk. Currently her body's defenses are optimal with good white and red blood cell counts but the vitamin D is clinically low at 16.50.

Results of Initial Blood Test:

Test Description Date:	Current Result 01/17/2008	Current Rating	Prior Result 12/18/2007	Delta	Healthy	Clinical
Glucose	113.00	HI	105.00	☹	80.00 - 95.00	65.00 - 99.00
Hemoglobin A1C (Gly-Hgh)	6.30	HI			4.60 - 5.40	4.80 - 5.90
Total Cholesterol	257.00	HI			140.00 - 170.00	100.00 - 199.00
Triglyceride	227.00	HI			80.00 - 115.00	10.00 - 149.00
HDL Cholesterol	42.00	lo			50.00 - 55.00	40.00 - 59.00
VLDL Cholesterol	45.00	HI			5.00 - 20.00	4.00 - 40.00
LDL Cholesterol	170.00	HI			50.00 - 75.00	6.00 - 99.00
Total Cholesterol / HDL Ratio	6.10	HI			0.00 - 4.00	0.00 - 5.00
Triglyceride/HDL Ratio	5.40	HI			1.00 - 2.20	0.50 - 4.00
T4 Thyroxine	12.10	HI			7.10 - 9.00	4.50 - 12.00
T3 Uptake	27.00	lo			29.00 - 35.00	24.00 - 39.00
T7 Free Thyroxine Index (FTI)	3.30	Opt			2.61 - 3.60	1.20 - 4.90
TSH	0.22	LO			2.50 - 5.00	0.35 - 5.50
White Blood Count	5.50	Opt	4.10	☺	5.00 - 8.00	4.00 - 10.50
Red Blood Count	4.66	Opt	4.26	☺	4.50 - 5.50	4.10 - 5.60
Hemoglobin	14.10	Opt	12.90	☺	13.30 - 15.20	11.50 - 17.00
Hematocrit	41.30	Opt	37.30	☺	39.50 - 47.00	34.00 - 50.00
MCV	89.00	Opt	87.40		85.00 - 97.00	80.00 - 98.00
MCH	30.20	Opt	34.50	☺	28.10 - 32.00	27.00 - 34.00
MCHC	34.10	hi			33.00 - 34.00	32.00 - 36.00
RDW	13.90	Opt			13.50 - 14.50	13.00 - 15.00
Platelets	222.00	Opt	195.00		175.00 - 250.00	140.00 - 415.00
Polys/Neutrophils (SEGS-PMNS)	57.00	Opt	40.80	☺	55.00 - 65.00	40.00 - 74.00
Lymphocytes	32.00	Opt	41.50	☺	25.00 - 40.00	14.00 - 46.00
Monocytes	8.00	hi	13.10	☺	5.00 - 7.00	4.00 - 13.00
Eosinophils	2.00	Opt	4.10		0.00 - 4.10	0.00 - 7.00
Basophils	1.00	hi	0.50	☹	0.00 - 0.00	0.00 - 3.00
ESR-Erythrocyte Sed Rate, Westergr	2.00	Opt			0.00 - 6.00	0.00 - 20.00
CRP C-Reactive Protein	1.10	Opt			0.00 - 1.50	0.00 - 4.90
Vitamin D 25-Hydroxy	16.50	LO			50.00 - 90.00	32.00 - 100.00

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Virtually no toxic elements were leaving the body thru the hair. The body is constantly exposed to environmental toxins so if not excreted in the hair, they are most likely loitering in the body causing all kinds of dysfunctions. Many essential element imbalances appeared in the results also suggesting an impaired ability for the body to excrete toxins and metals.

Results of Initial Tissue Mineral Analysis:

Test Description	Date:	Current Result 02/15/2008	Current Rating	Prior Result	Delta	Healthy		Clinical	
Essential Elements									
Calcium		1060.00	hi			663.00-	753.00	300.00-	1200.00
Magnesium		130.00	hi			53.00-	62.00	35.00-	140.00
Sodium		670.00	HI			37.00-	45.00	12.00-	90.00
Potassium		19.00	hi			14.00-	18.00	8.00-	38.00
Zinc		240.00	HI			140.00-	160.00	130.00-	200.00
Manganese		1.20	HI			0.21-	0.32	0.15-	0.65
Chromium		0.28	Opt			0.25-	0.31	0.20-	0.40
Vanadium		0.01	LO			0.04-	0.05	0.02-	0.06
Molybdenum		0.02	LO			0.05-	0.05	0.04-	0.10
Strontium		49.00	HI			2.00-	2.90	0.50-	7.60
Sulfur		50500.00	HI			45000.00-	45500.00	43000.00-	50000.00
Barium		1.90	hi			0.70-	1.20	0.50-	5.00
Cobalt		0.03	Opt			0.02-	0.03	0.01-	0.05
Iron		190.00	HI			6.80-	8.50	5.40-	14.00
Germanium		0.04	LO			0.05-	0.05	0.05-	0.06

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We finally see some of the stores of toxic elements in the urinary chelation challenge. The column labeled "Pre-Chall" exhibits what the body is able to excrete on its own. The column labeled "DMSA" shows what toxins are drawn out with the help of a chelation agent. There are toxins in the body and based on the test results, it's clear they will need some help to get out.

Results of Initial Urinary Chelation Challenge:

Test Description	Date:	Current Result 01/20/2008	Current Rating	Prior Result 01/19/2008	Delta	Healthy		Clinical	
Agent		DMSA		Pre-Chall					
Toxic Elements									
Lead (UA)		35.00	HI	0.00		0-	4.00	4.01-	5.00
Mercury (UA)		3.40	hi	0.00		0-	2.00	2.01-	4.00

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Doctor analysis:

02-27-08 – Doctors have already cut the cancer mass out of this woman's body. My job is to make sure she reaches optimal health so her

body can fight off any cancer cells that try to come back. She was hit with a very aggressive form of cancer so in this case, no change can actually be a good thing. No change means she is not getting worse. It appears that she is in a fairly good spot now regarding her immune system however things like the high Triglycerides, Glucose levels and hidden toxic elements could change this. We need to get the toxins out and put her on a very healthy diet. Cancer cells feed on sugar so it's essential to get the Glucose and Hemoglobin A1C under control. This means lots of clean protein like nuts, seeds, salmon, eggs or chicken and as many low carbohydrate vegetables as she wants such as bean sprouts, broccoli, cauliflower, lettuce, mushrooms, carrots, peppers, squash, tomatoes and turnips and one serving of low carbohydrate fruit including cantaloupe, rhubarb or strawberries. To start she will be avoiding all breads, crackers, pasta, rice and other grains.

The high levels of iron, strontium, zinc and sodium in the hair test results are very odd and are most likely coming from her water. I recommended she get a reverse osmosis water filtration system to help with this problem.

For her supplement regimen, I used several chelators to start clearing out the heavy metals, immune system boosters and antioxidants, calculating dosages based on her test results and the severity of her condition.

Patient assessment:

04-16-08 – With such a short life prognosis, this patient followed my recommendations very closely and her efforts paid off. People at church began commenting on how well she looked. Her skin took on a healthy glow and the coughing problem which developed after her lobectomy was significantly better.

In just a few months her Glucose was down 14 points and within clinical guidelines. Her Hemoglobin A1C was still high but came down a few tenths as well. The total cholesterol dropped 24 points with all bad forms (LDL, VLDL and triglycerides) coming down as well and the good cholesterol (HDL) going up. Most importantly, we ran a tumor marker with this test, the CA27.29 which monitors breast cancer activity. Her number is within the clinical range, but we would like to see it lower. I ordered another CA27.29 to monitor activity and also a CA125 (various sites) to see if the cancer cells have spread.

Results of 2nd Blood Test:

Test Description	Date:	Current Result 04/14/2008	Current Rating	Prior Result 01/17/2008	Delta	Healthy	Clinical
Glucose		99.00	hi	113.00	☺	80.00 - 95.00	65.00 - 99.00
Hemoglobin A1C (Gly-Hgh)		6.10	HI	6.30	☺	4.60 - 5.40	4.80 - 5.90
Total Cholesterol		233.00	HI	257.00	☺	140.00 - 170.00	100.00 - 199.00
Triglyceride		151.00	HI	227.00	☺	80.00 - 115.00	10.00 - 149.00
HDL Cholesterol		48.00	lo	42.00	☺	50.00 - 55.00	40.00 - 59.00
VLDL Cholesterol		30.00	hi	45.00	☺	5.00 - 20.00	4.00 - 40.00
LDL Cholesterol		155.00	HI	170.00	☺	50.00 - 75.00	6.00 - 99.00
Total Cholesterol / HDL Ratio		4.90	hi	6.10	☺	0.00 - 4.00	0.00 - 5.00
Triglyceride/HDL Ratio		3.15	hi	5.40	☺	1.00 - 2.20	0.50 - 4.00
T4 Thyroxine		15.40	HI	12.10	☹	7.10 - 9.00	4.50 - 12.00
T3 Uptake		29.00	lo	27.00	☺	29.00 - 35.00	24.00 - 39.00
T7 Free Thyroxine Index (FTI)		4.50	hi	3.30	☹	2.61 - 3.60	1.20 - 4.90
TSH		0.14	LO	0.22	☹	1.00 - 2.50	0.35 - 5.50
White Blood Count		4.70	lo	5.50	☹	5.00 - 8.00	4.00 - 10.50
Red Blood Count		4.58	Opt	4.66		4.50 - 5.50	4.10 - 5.60
Hemoglobin		13.70	Opt	14.10		13.30 - 15.20	11.50 - 17.00
Hematocrit		39.90	Opt	41.30		39.50 - 47.00	34.00 - 50.00
MCV		87.00	Opt	89.00		85.00 - 97.00	80.00 - 98.00
MCH		29.90	Opt	30.20		28.10 - 32.00	27.00 - 34.00
MCHC		34.30	hi	34.10	☹	33.00 - 34.00	32.00 - 36.00
RDW		14.80	hi	13.90	☹	13.50 - 14.50	13.00 - 15.00
Platelets		218.00	Opt	222.00		175.00 - 250.00	140.00 - 415.00
Polys/Neutrophils (SEGS-PMNS)		51.00	lo	57.00	☹	55.00 - 65.00	40.00 - 74.00
Lymphocytes		38.00	Opt	32.00		25.00 - 40.00	14.00 - 46.00
Monocytes		8.00	hi	8.00	😐	5.00 - 7.00	4.00 - 13.00
Eosinophils		2.00	Opt	2.00		0.00 - 4.10	0.00 - 7.00
Basophils		1.00	hi	1.00	😐	0.00 - 0.00	0.00 - 3.00
ESR-Erythrocyte Sed Rate, Westergr		8.00	hi	2.00	☹	0.00 - 6.00	0.00 - 20.00
CRP C-Reactive Protein		1.60	hi	1.10	☹	0.00 - 1.50	0.00 - 4.90
Vitamin D 25-Hydroxy		46.90	lo	16.50	☺	50.00 - 90.00	32.00 - 100.00
CA 27.29		35.90	hi			0.00 - 0.00	0.00 - 38.60

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We saw some minor disruptions in the CBC panel (MCHC, RDW, Neutrophils, etc) which is likely caused by cleaning out the toxic elements. The levels of Mercury and Lead excreted are now much smaller. As heavier metals come out, the lighter mass toxins take their turn.

Results of 2nd Urinary Chelation Challenge:

Test Description	Date:	Current Result 04/16/2008	Current Rating	Prior Result 01/20/2008	Delta	Healthy	Clinical
Agent		DMSA		DMSA			
Toxic Elements							
Aluminum (UA)		110.00	HI	0.00	☹	0- 13.00	13.01- 35.00
Antimony (UA)		0.70	hi	0.00	☹	0- 0.50	0.51- 1.00
Lead (UA)		19.00	HI	35.00	☺	0- 4.00	4.01- 5.00
Mercury (UA)		0.00	Opt	3.40	☺	0- 2.00	2.01- 4.00
Nickel (UA)		7.00	hi	5.50	☹	0- 6.00	6.01- 12.00

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05-12-08 – The tumor marker CA27.29 did rise a little in the past month placing it just over the clinical cutoff. The CA125 is also a bit high for my standards, but well below clinical guidelines. She was diagnosed with a very aggressive form of cancer. Minimal changes are a good sign! These numbers are not a cause for panic, but it is important to stay on track with the diet and supplements to keep the cancer cell count as low as possible.

Results of 3rd Blood Test:

Test Description	Date:	Current Result 05/12/2008	Current Rating	Prior Result 04/14/2008	Delta	Healthy	Clinical
CA 125		10.70	hi			0.00 - 10.00	0.00 - 35.00
CA 27.29		39.50	HI	35.90	☹	0.00 - 10.00	0.00 - 38.60

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09-19-08 – We continued monitoring the tumor markers over the next several months and as you can see, no major changes occurred. This is good news and shows her body is able to control and fight back against the cancer cells to prohibit them from spreading.

Results of Progressive Tumor Markers:

Date:	09/19/2008	07/02/2008	06/02/2008	05/12/2008	04/14/2008
CA 125	11.90	11.20	11.10	10.70	
CA 27.29	36.80	30.90	30.90	39.50	35.90

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12-05-08 – With a healthier body, the patient is better able to eliminate toxic elements which can be easily seen in the second hair test. In this case higher numbers are not a bad thing because we would rather have the toxins come out then stay inside and disrupt bodily processes. The levels of essential elements are also starting to improve.

Results of 2nd Hair Test:

Test Description	Date:	Current Result 12/05/2008	Current Rating	Prior Result 02/15/2008	Delta	Healthy	Clinical
Toxic Elements							
Aluminum		4.30	hi	2.80	☹	0- 2.20	2.21- 7.00
Antimony		0.02	Opt	0.02		0- 0.06	0.07- 0.12
Arsenic		0.04	hi	0.05	☺	0- 0.03	0.04- 0.06
Barium		3.00	HI	1.90	☹	0- 1.00	1.01- 2.00
Tin		0.21	hi	0.11	☹	0- 0.20	0.21- 0.30
Titanium		2.70	HI	0.69	☹	0- 0.40	0.41- 0.70
Total Toxic Representation		2.00	Opt	1.00		0- 2.00	2.01- 3.00

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Results of 2nd Hair Test Continued:

Test Description	Date:	Current Result 12/05/2008	Current Rating	Prior Result 02/15/2008	Delta	Healthy		Clinical	
Essential Elements									
Calcium		991.00	hi	1,060.00	☺	663.00	753.00	300.00	1200.00
Magnesium		120.00	hi	130.00	☺	53.00	62.00	35.00	140.00
Sodium		1200.00	HI	670.00	☹	72.00	126.00	18.00	180.00
Potassium		20.00	lo	19.00	☺	30.00	53.00	8.00	75.00
Zinc		180.00	hi	240.00	☺	150.00	170.00	140.00	220.00
Manganese		1.30	HI	1.20	☹	0.28	0.40	0.08	0.60
Chromium		0.27	LO	0.28	☹	0.48	0.57	0.40	0.65
Vanadium		0.02	lo	0.01	☺	0.04	0.05	0.02	0.06
Molybdenum		0.02	lo	0.02	☺	0.03	0.04	0.02	0.05
Strontium		65.00	HI	49.00	☹	2.00	2.90	0.50	7.60
Sulfur		44200.00	lo	50,500.00	☺	46000.00	48000.00	44000.00	50000.00
Cobalt		0.04	hi	0.03	☹	0.02	0.03	0.00	0.04
Iron		380.00	HI	190.00	☹	9.00	13.00	7.00	16.00
Germanium		0.10	HI	0.04	☹	0.05	0.06	0.05	0.06

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02-13-09 – Comparing the blood test done in April 2008 with the latest round of testing, we see that the cholesterol markers are not quite where they should be. This patient needs to tighten up her diet a little more staying away from carbohydrates and loading up on fresh vegetables and lean protein. The tumor markers still look great with no massive fluctuations.

Results of Blood Test:

Test Description	Date:	Current Result 02/13/2009	Current Rating	Prior Result 04/14/2008	Delta	Healthy		Clinical	
Glucose		92.00	Opt	99.00	☺	80.00	95.00	65.00	99.00
Hemoglobin A1C (Gly-Hgh)		6.00	HI	6.10	☺	4.60	5.40	4.80	5.90
Total Cholesterol		220.00	HI	233.00	☺	140.00	170.00	100.00	199.00
Triglyceride		156.00	HI	151.00	☹	80.00	115.00	10.00	149.00
HDL Cholesterol		44.00	Opt	48.00	☹	39.00	120.00	36.00	140.00
VLDL Cholesterol		31.00	hi	30.00	☹	5.00	20.00	4.00	40.00
LDL Cholesterol		145.00	HI	155.00	☺	50.00	75.00	6.00	99.00
Total Cholesterol / HDL Ratio		5.00	hi	4.90	☹	0.00	4.00	0.00	5.00
Triglyceride/HDL Ratio				3.15		0.00	2.00	0.00	4.00
TSH		0.81	lo	0.14	☺	1.00	2.50	0.35	5.50
T4 Thyroxine		11.40	hi	15.40	☺	7.10	9.00	4.50	12.00
T3 Uptake		25.00	lo	29.00	☹	29.00	35.00	24.00	39.00
T7 Free Thyroxine Index (FTI)		2.90	Opt	4.50	☺	2.61	3.60	1.20	4.90
T4, Free (Direct) Thyroxine						1.10	1.43	0.61	1.76
CRP C-Reactive Protein		1.70	hi	1.60	☹	0.00	1.50	0.00	4.90
White Blood Count		5.70	Opt	4.70	☺	5.00	8.00	4.00	10.50
Red Blood Count		4.46	lo	4.58	☹	4.50	5.50	4.10	5.60
Hemoglobin		13.30	lo	13.70	☹	13.30	15.20	11.50	17.00
Hematocrit		39.30	lo	39.90	☹	39.50	47.00	34.00	50.00
MCV		88.00	Opt	87.00		85.00	97.00	80.00	98.00
MCH		29.80	Opt	29.90		28.10	32.00	27.00	34.00
MCHC		33.80	Opt	34.30	☺	33.00	34.00	32.00	36.00

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Results of Blood Test Continued:

Test Description	Date:	Current Result 02/13/2009	Current Rating	Prior Result 04/14/2008	Delta	Healthy	Clinical
RDW		14.20	Opt	14.80	☺	11.10 - 14.50	11.00 - 15.00
Platelets		220.00	Opt	218.00		175.00 - 250.00	140.00 - 415.00
Polys/Neutrophils (SEGS-PMNS)		53.00	lo	51.00	☺	55.00 - 65.00	40.00 - 74.00
Lymphocytes		36.00	Opt	38.00		25.00 - 40.00	14.00 - 46.00
Monocytes		8.00	hi	8.00	😐	5.00 - 7.00	4.00 - 13.00
ESR-Erythrocyte Sed Rate, Westergr		7.00	hi	8.00	☺	0.00 - 6.00	0.00 - 20.00
Vitamin D 25-Hydroxy		68.10	Opt	46.90	☺	50.00 - 90.00	32.00 - 100.00
CA 125		9.30	Opt			0.00 - 10.00	0.00 - 35.00
CA 27.29		34.60	hi	35.90	☺	0.00 - 10.00	0.00 - 38.60

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03-04-09 – The patient became concerned when she noticed a few lumps developing in her neck. We checked out a few other tumor markers to be sure nothing had spread and all were within clinical ranges. The patient is considering a needle biopsy to determine exactly why the lumps appeared.

Results of Blood Test:

Test Description	Date:	Current Result 03/04/2009	Current Rating	Prior Result 02/13/2009	Delta	Healthy	Clinical
CA 15-3		24.20	hi			0.00 - 22.00	0.00 - 31.00
CA 19-9		7.00	Opt			0.00 - 10.00	0.00 - 37.00
CA 27.29				34.60		0.00 - 10.00	0.00 - 38.60
CEA		2.40	hi			0.00 - 2.00	0.00 - 3.00

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Dr. Merkle's Final Thoughts:

Small cell lung carcinoma is considered very dangerous because it multiplies at a fast pace and spreads to other vital organs very easily and very early in the course of the disease. Thus cancer cells can quickly take over the entire body which is why the prognosis is so bleak.

My patient's medical doctors gave her a 30% chance of surviving 5 years if she got radiation and chemotherapy. Overall the median survival for people with this disease is just 20 months.

A year and a half after being diagnosed with this incredibly aggressive form of lung cancer, my patient is still thriving. Medical doctors would most likely have given her just a few months (maybe weeks) after her refusal of radiation and chemotherapy. In fact according to the National Cancer Institute's website, for most patients "current treatments do not cure the cancer". They recommend anyone with small cell carcinoma consider

entering a clinical trial where you will most likely be pumped full of non-FDA regulated cancer treatments. Short version – YOU BECOME A GUNIEA PIG!!

If you are willing to fight for your life, why take a road full of unknown side effects when you can work on reviving your formerly healthy, cancer fighting body. Everyone has cancer cells. Let your body be strong enough to fight those cancer cells off!

-Dr. Van D. Merkle